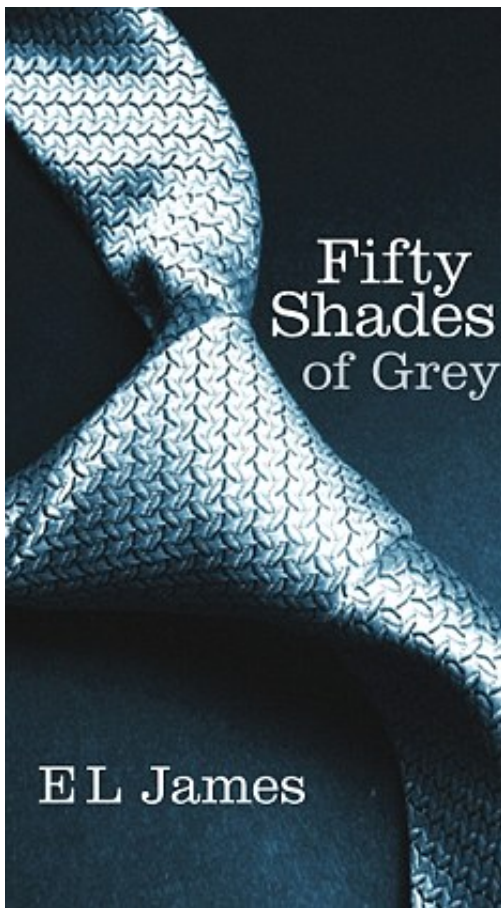


Fifty shades of WHAT? Women have more fantasies about sex - but men's tend to be dirtier

By [Rob Waugh](#)

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Fifty Shades of Grey: Women actually fantasise slightly more than men, the study found - but men's fantasies were more 'out there'

Nearly all men AND women fantasise about sex, a new study has found - but what the two sexes think about is very different.

In both sexes, nearly 100% have had sexual fantasies.

Women, though, actually have pleasant romantic fantasies slightly more frequently than men – a few times a month.

But men tend to get hot under the collar about more 'out there' sexual activities as group sex, 'being a swinger' and even 'participating in an orgy'.

But both sexes also experienced 'negative' sexual fantasies.

Women were found to think more frequently than men in 'being forced to have sex'– they fantasise about it at least once in life.

Men's negative sexual fantasies tend to involve homosexuality.

Both sexes have intimate and romantic sexual fantasies involving their partner or loved one.

The researchers took a sample of 2250 Spanish people (49.6% men and 0.4% women) aged between 18 and 73 years, who had maintained a heterosexual relationship for at least 6 months.

A number of provincial ongoing training centers, adult education centers, Granada local library and several University of Granada and Universidad Complutense schools collaborated in this study.



Shall we? Men tend to think about far-out sexual experiences more frequently, but in both sexes, nearly 100% have had sexual fantasies

The results obtained suggest that near 100% of men and women have experienced a pleasant sexual fantasy in their life, while about 80% of the interviewees have experienced a negative or unpleasant sexual fantasy sometime in life.

The authors of this study are Nieves Moyano Muñoz and Juan Carlos Sierra Freire at the University of Granada department of Personality, Psychological Evaluation and Treatment.

This is the first study to approach sexual fantasies as positive and negative thoughts in Spain.

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