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## Most patients 'want to be listened, informed and considered by family doctor'

25. February 2011 06:30

A study conducted at the University of Granada reveals that patients have greater expectations of their family doctor listening actively to them, keeping them informed and considering their opinions than in getting involved in decision making. For the purpose of this study, researchers took a sample of 360 patients aged 16-47 years, assisted at the Health Center Gran Capitán in Granada

When the family doctor is a woman, patients expect her to let them get involved in the management of their health problem, especially when it is a family health problem or a cold. However, patients have even greater expectations of their family doctor "listening to them, keeping them informed and considering their opinions than in participating in decision making".

This was the conclusion drawn of a study recently conducted by Ana Delgado, Luis Andrés López Fernández and Lorena Saletti Cuesta (Escuela Andaluza de Salud Pública), Juan de Dios Luna del Castillo (Department of Biostatistics of the University of Granada) and Natalia Gil Garrido and Mónica Jiménez (Health Center Gran Capitán in Granada). The study will be shortly published in the journal *Patient Education and Counseling* (available on the Internet DOI 10.1016/j.pec.2010.02.028).

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