## Digg Art Therapy Helps Treat Mental Illness

Comment

Posted on: Wednesday, 9 July 2008, 18:00 CDT

Print

E-mail

A University of Granada study confirms the usefulness of art therapy to treat mental disease, Spanish researchers said.

Font Size

Elizaberta Lopez Perez said her study is based on psychoanalysis principles. Art therapy is based on the idea that visual representations, objectified through plastic material, contribute to the construction of a meaning of the psychic conflicts, and favor its resolution.

del.icio.us

Lopez Perez worked for more than one year with 20 acute mental patients from the Therapeutic Community of the Northern Area of the Virgen de las Nieves Hospital of Granada. Those who participated in these sessions took part in them voluntarily two days a week and they adapted paintings of artists such as Amedeo Modigliani, Edvard Munch, or Vincent Van Gogh, offering their own visions.

The patients, who project their inner world and their repressed desires through their paintings, deal with their fears and desires, which get real during the artistic process where it is possible to give them life or to destroy them, Lopez Perez said.

Source: United Press International

Sharp Tools, Flat Rate Pricing

www.optionshouse.com

Mortgage Rates at 5.65%

Refinance.LeadSteps.com

**3 Tips for Whiter Teeth** 

www.best-teeth-whitening.com

\$9.95/Option or \$4.95/Stock Trade, Any Size. Get Flat Rate...

\$200,000 loan for \$771/month. See New Payment - No SSN Rqd....

Find out which ones actually whiten your teeth, and which ones...

More News in this Category

Mortgage Rates at 5.8% FIXED!

\$200,000 mortgage for \$699/month. See Lower Payment NOW -... Refinance.LoanOffers.com

Home Refinance: Fed at 2% 160,000 Mortgage for \$633/mo No SSN rgd. Free Quotes! Low ... www.LendGo.com

AARP Auto Ins Quotes Over 50? Save \$385 On Auto Ins With The Hartford. Free No... AARP.TheHartford.com

## Rating: 2.0 / 5 (1 votes)

Rate this article:

## 

## **User Comments (0)**

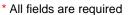
Comment on this article

Your Name

Text from the image

Comment

| WALK |  |
|------|--|
|      |  |
|      |  |





Discuss in redOrbit Knowledge Network





Jul 9, 2008, 7:51 am Women and Stroke: What You Need to Know

http://www.redorbit.com/news/health/1470404/art\_therapy\_helps\_treat\_mental\_illness/

