

Within the framework of this study, Lorena Ramos Chamorro has designed and implemented a multicultural educational programme based on food and nutrition.

Secondary Education in the IES Cartuja school in Granada. Under the title

This programme has been applied to students of the third year of Compulsory

Alimentación Intercultural. Comer mejor es possible (Intercultural Alimentation, Eating better is possible), "respect and acceptance of differences based on food have

been fostered, this fact being the best example of cultural diversity". In this way, through this initiative students have tasted food and flavours from the countries of origin of their immigrant classmates. Furthermore, "students have shared traditions

and customs, allowing immigrants to maintain their identity in spite of cultural differences". Finally, and according to Lorena Ramos Chamorro, this project "has

improved, practically by 100%, students' eating habits". She also states that her study has shown that "it is possible to improve coexistence among students and create an educational atmosphere based on equal rights and interculturality".

potato. Lorena Ramos Chamorro points out that immigrants are more likely to try new foods and to eat something they do not know than Spanish people.





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Heraeus



Antonio Marín Ruiz | Quelle: alphagalileo

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